



2020

AID STATION GUIDEBOOK

EIGHT MILE

ALTERNATIVE COURSE

Welcome to 8 Mile Aid Station Information

Firstly, thank you for volunteering to help out with the Oscars 100 Hut to Hut run. Your help is crucial to the running of this charity event.

This guide covers the specific of your individual position. Information on the event and its cause can be found in the event handbook.

Location

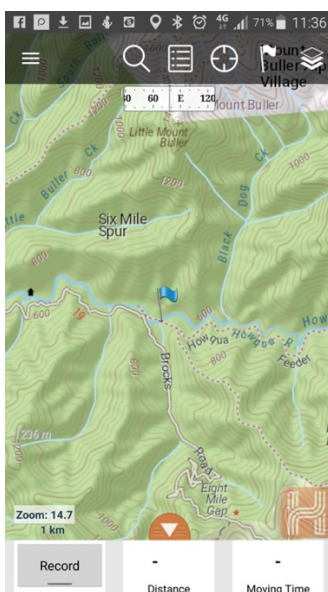
8 Mile camping ground is located approximately 6km (as the crow flies) south of Mt Buller. It is a grassy campsite beside the Howqua river. It is usually 2WD although there is a small river crossing to enter. *AWD recommended. 4WD in wet conditions.*

Directions

1. Travel to Mansfield
2. Travel along the Mount Buller Road in the of direction of Mt Buller
3. Turn right approximately 2km past Merrijig onto Howqua Track. There is also a large sign directing to Sheepryad flat
4. Continue past Sheepryad flat over the bridge and past the camp ground (road is now named 'Brocks Road)
5. The road follows along the river for a while. It then leaves river and starts heading up in elevation. Just after this there is a road on your left that drops back to the river camping area. There is a sign for 8 Mile Flat but this can be difficult to see, particularly at night (see below image).



6. Head down this track. Turn right at the bottom and cross the small creek.
7. After coming out of the creek, you will come up into a grassy area. Turn right and head up to the back section of the camp area where the start of the walking track is sign posted.



Aid station set up



The above picture shows how we would like the aid station to be set up.

NOTE: this pic is from the OLD COURSE – for the ALTERNATIVE COURSE, set up closer to the access road along which the runners will come in on.

The runners will come along the river (similar to continue straight on heading along a trail that takes them to Ritchies Hut and Pikes Flat.

Please set up with an awning for shelter, a table to hold the food and drinks for the runners, and a chair (or two) for you. You can camp at 8 Mile. Please be aware that the campsite is not allocated solely for the event and is open to the public. Be mindful of other camp and trail users and please remember that you are representing the event and charity at all times, so please be courteous and respectful off all other users.

If anyone has any queries or concerns regards the event , please direct them to contact event management.

SHIFT ORGANISATION

**Given the two-day time window and number of volunteers we have not allocated specific roles / shifts beyond lead marshals. We are relying on club leaders to work together and with others to arrange shifts / responsibilities across the three days and with their teams.

Any on site queries to be directed to David or Karen Swankie:

Karen Swankie
0427104885
karenswankie@bigpond.com

David Swankie
0427 104 885

Queries regards event management decisions to **ANDY PAYNE 0408 872 141**

TIMINGS

This aid station will need to be manned between the following times:

| | |
|----------|------------------|
| FRIDAY | 6:30am to 6:30pm |
| SATURDAY | 8:00am to 6:00pm |
| SUNDAY | CLOSED |

You are then able to pull down the aid station and return all gear to the Event HQ at Mt Buller.

CUT OFF TIMES

| AID STATION | TOTAL DISTANCE | CUT OFF Hut 2 Hut Solo | CUT OFF Hut 2 Hut 2 Day OPTION A | CUT OFF Hut 2 Hut 2 Day OPTION B | CUT OFF Hut 2 Hut 3 Day | CUT OFF THE ARCHIE |
|---------------------------|--------------------|------------------------|----------------------------------|------------------------------------|---|--------------------|
| | | | Day 01 - 79km Day 02 - 26km | Day 01 – 29.8km Day 02 – 75.2km | Day 01 – 29.8km Day 02 – 49.8km Day 02 – 25.6km | |
| DAY ONE – FRIDAY | | | | | | |
| 8 Mile | 19km | 9:00am | 9:00am | 11:30am | 11:30am | |
| 8 Mile | 68km | 6:30pm | 6:30pm | | | |
| DAY TWO – SATURDAY | | | | | | |
| 8 Mile | 19km | | | | | 12:30pm |
| 8 Mile | 68km | | | 4:00pm | 6:00pm | |
| DAY THREE – SUNDAY | | | | | | |
| 8 Mile | AID STATION CLOSED | | | | | |

See the course map here:

<https://drive.google.com/open?id=16tmpTMjUO8VMJCCma2vTrWChHujrm-ly&usp=sharing>

You can get more information on the Alternate Course at the Hut2Hut website at:

<http://www.hut2hut.oscars100.com.au/2020-hut2hut-alt-course/>

COMMUNICATION

There is no mobile phone reception at Eight Mile.

Lead Marshals will be supplied with a Two-Way Radio with communications to Event HQ and Medical plus a Satellite Phone should the radios not be receiving/sending.

****PLEASE NOTE IF A VOLUNTEER REQUIRES FIRST AID, CONTACT EVENT MEDICAL IF NON-CRITICAL. EVEN IN AN EMERGENCY PLEASE TRY TO CONTACT ENDURANCE MEDICAL SERVICES DIRECTOR DEB SHARP ON 0410 794 631****

AID STATION DUTIES

1. ASSIST

While your Aid Station is open, there should be a team member available at the station at all times to provide help with water bottle filling, offering supplied food and nibbles, encouragement, and generally making sure the runners are looking okay.

2. REPORT

It is also a MUST that every runner and team of runners is marked off a list on the clip board that will be provided and must be kept at the aid station. You will be contacted by base via radio at various intervals to get the updated runner list.

- We ask that you take a photo of the list once the aid station is closed.
- Once back in reception please text to race organisers ASAP noting: Aid Station Name, Your Name, What day/event the list covers and a photo of the whole list.
- Text to: 04303 76621
- Report any runner issues ASAP

Water, and snack foods will be dropped in position during the day on the Thursday along with the runners list to be ticked off.

4. RETURN SUPPLIES

Please return water containers and food boxes to Mt Buller race area when finished for the weekend.

There are also 4 x EVENT IN PROGRESS SIGNS YOU NEED TO TAKE DOWN AND RETURN, LOCATED AT:

- **Six Mile (x 2)** – where the runners first come out onto Brocks Rd, one each side, on trees.
- **Seven Mile (x1)** – just past the turn off into Seven Mile on a road side pole.
- **Eight Mile (x1)** – on a Parks signage pole, 50 metres down the hill as you enter Eight Mile from Brocks Rd

What to bring

- Awning – For shade
- Table – For water and food
- Chair – for your own comfort
- Pen – for marking off runners
- Being 4WD'ers you will be bringing your normal gear and food to camp for 3 days in the bush.

EVENT KEY CONTACTS

Key Event Staff

Chris Ord, Race Director 04303 76621
chris@tourdetrails.com
Andy Payne, Race Director 0409 502 532
info@oscars100.com.au
Simon Madden, Race Director 0414 866 334
simon@adventuretypes.com

Key Staff Mt Buller

Ben Annear, Events Coordinator 0424 453 789
Ben.Annear@mtbuller.com.au

Key Medical & Safety

Deb Sharp, Endurance Medical services (contractor) 0410 794 631
info@endurancemedicalservices.com.au

Key 4WD Marshal Director

Jared Scull 0437 758 006
jaredscull13@gmail.com

Key Parks Victoria

Bart Smith, Area Chief Ranger Mansfield 0427 547571
Parks Vic Office 03 5733 1200

Key Mansfield Police

Snr Sgt Damian Keegan (Municipal Emergency Response Co-ordinator) 03 5775 2555 // 0429 437 515

Key DEWLP

Mansfield Duty Officer 0418 149 994
Catherine Spencer, Senior Forest Management 0407 346 908
Gardner Hut Owner – Stuart Gardner 0433 546520
howqua.gardners.hut@gmail.com

Emergency Notification

1. Emergency Services (Police, Fire Ambulance) 000
2. DSE Duty Officer 136 186
3. Parks Victoria (Duty Officer) 131 963
4. CFA Duty Officer 1300 833 278
do.cfa.d23@rcc.vic.gov.au
5. Mansfield District Hospital 03 5775 8800
6. Mansfield Police 03 5775 2555