



2020

AID STATION GUIDEBOOK

PIKES FLAT

ALTERNATIVE COURSE

Welcome to PIKES FLAT Station Information

Firstly, thank you for volunteering to help out with the Oscars 100 Hut to Hut run. Your help is crucial to the running of this charity event.

This guide covers the specific of your individual position. Information on the event and its cause can be found in the event handbook.

Location

Pikes Flat camping ground is located to the south-east of Mt Buller. It is a grassy campsite beside the Howqua river. **Access is 4WD ONLY** either via Telegraph Station. Howqua Gap Hut > Bindaree Rd, Upper Howqua > Bindaree Hut > Pikes or **from the south (better access)** via Sheeppark Flat (Brocks Rd) > Bluff Link Rd > Sixteen Mile Jeep Track > Pikes.

Directions (via Sheepridge)

1. Travel to Mansfield
2. Travel along the Mount Buller Road in the direction of Mt Buller
3. Turn right approximately 2km past Merrijig onto Howqua Track. There is also a large sign directing to Sheepridge flat
4. Continue past Sheepridge Flat over the bridge and past the camp grounds (road is now named 'Brocks Road')
5. The road follows along the river for a while. It then leaves river and starts heading up in elevation. Follow Brocks Rd until you reach Bluff Link Rd (straight on – don't turn right onto Brocks Rd).
6. Follow this road until you reach Refrigerator Gap. The road sweeps around to the right - do not take the turn to the right on Refrigerator Gap Rd – follow Bluff Link up the hill.
7. Follow Bluff Link Rd, continuing straight on when you reach Bluff Track. Just past here you will reach 16 Miles Jeep Track. Turn right down this. Drive carefully to reach Pikes Flat.

Aid station set up

Your LEAD MARSHALS for all information and directives are:

NIGEL SMITH, PORT PHILIP 4WD CLUB
0400 885 272
nts1956@gmail.com

STEVE POULTON
0409 663 136
poultry5@bigpond.net.au

AARON LANGLOUIS
0407 599 500
sales@4x4andcamping.com.au

**Given the three day time window and number of volunteers we have not allocated specific roles / shifts at Pikes Flat beyond these lead marshals. We are relying on club leaders to work together and with others to arrange shifts / responsibilities across the three days and with their teams.

Any on site queries to be directed to Nigel Smith, Steve Poulton or Aaron Langlois.

Queries regards event management decisions to **ANDY PAYNE 0408 872 141**

You can camp at Pikes Flat. There will be areas allocated by Lead Marshals for

1. 4WD / Aid station volunteer camping
2. Hut 2 Hut (100km) participant camping
3. Aid Station supply tables / marquee (all runners)

Please be aware that the campsite is not allocated solely for the event and is open to the public. Be mindful of other camp and trail users and please remember that you are representing the event and charity at all times, so please be courteous and respectful off all other users.

If anyone has any queries or concerns regards the event , please direct them to contact event management.

TIMINGS

This aid station will need to be manned between the following times:

FRIDAY	7:30am to 8:30pm
SATURDAY	4:30am to 9:00pm
SUNDAY	4:30am to 5:00am

You are then able to pull down the aid station and return all gear to the Event HQ at Mt Buller.

CUT OFF TIMES

AID STATION	TOTAL DISTANCE	CUT OFF Hut 2 Hut Solo	CUT OFF Hut 2 Hut 2 Day OPTION A	CUT OFF Hut 2 Hut 2 Day OPTION B	CUT OFF Hut 2 Hut 3 Day	CUT OFF THE ARCHIE
			Day 01 - 79km Day 02 - 26km	Day 01 – 29.8km Day 02 – 75.2km	Day 01 – 29.8km Day 02 – 49.8km Day 02 – 25.6km	
DAY ONE – FRIDAY						
Pikes Flat	29.8km	11:00am	11:00am	2:00pm	2:00pm	
Pikes Flat	79km	8:30pm	8:30pm			
DAY TWO – SATURDAY						
Pikes Flat	29.8km			5:00am	5:00am	
Pikes Flat	79km		5:00am	7:00pm	9:00pm	3:30pm
DAY THREE – SUNDAY						
Pikes Flat	79km				5:00am	

See the course map here:

<https://drive.google.com/open?id=16tmpTMjUO8VMJCCma2vTrWChHujrm-ly&usp=sharing>

You can get more information on the Alternate Course at the Hut2Hut website at:

<http://www.hut2hut.oscars100.com.au/2020-hut2hut-alt-course/>

COMMUNICATION

There is no mobile phone reception at Pikes Flat.

Lead Marshals will be supplied with a Two-Way Radio with communications to Event HQ and Medical plus a Satellite Phone should the radios not be receiving/sending.

****PLEASE NOTE IF A VOLUNTEER REQUIRES FIRST AID, CONTACT EVENT MEDICAL IF NON-CRITICAL. EVEN IN AN EMERGENCY PLEASE TRY TO CONTACT ENDURANCE MEDICAL SERVICES DIRECTOR DEB SHARP ON 0410 794 631****

AID STATION DUTIES

1. ASSIST

While your Aid Station is open, there should be a team member available at the station at all times to provide help with water bottle filling, offering supplied food and nibbles, encouragement, and generally making sure the runners are looking okay.

2. REPORT

It is also a MUST that every runner and team of runners is marked off a list on the clip board that will be provided and must be kept at the aid station. You will be contacted by base via radio at various intervals to get the updated runner list.

- We ask that you take a photo of the list once the aid station is closed.
- Once back in reception please text to race organisers ASAP noting: Aid Station Name, Your Name, What day/event the list covers and a photo of the whole list.
- Text to: 04303 76621
- Report any runner issues ASAP

Please encourage the runners to eat something as they are just about to do a large climb and will need the energy.

Water, and snack foods will be dropped in position during the day on the Thursday along with the runners list to be ticked off.

4. RETURN SUPPLIES

Please return water containers and food boxes to Mt Buller race area when finished for the weekend.

What to bring

- Awning – For shade
- Table – For water and food
- Chair – for your own comfort
- Pen – for marking off runners
- Being 4WD'ers you will be bringing your normal gear and food to camp for 3 days in the bush.

EVENT KEY CONTACTS

Key Event Staff

Chris Ord, Race Director 04303 76621
chris@tourdetrails.com
Andy Payne, Race Director 0409 502 532
info@oscars100.com.au
Simon Madden, Race Director 0414 866 334
simon@adventuretypes.com

Key Staff Mt Buller

Ben Annear, Events Coordinator 0424 453 789
Ben.Annear@mtbuller.com.au

Key Medical & Safety

Deb Sharp, Endurance Medical services (contractor) 0410 794 631
info@endurancemedicalservices.com.au

Key 4WD Marshal Director

Jared Scull 0437 758 006
jaredscull13@gmail.com

Key Parks Victoria

Bart Smith, Area Chief Ranger Mansfield 0427 547571
Parks Vic Office 03 5733 1200

Key Mansfield Police

Snr Sgt Damian Keegan (Municipal Emergency Response Co-ordinator) 03 5775 2555 // 0429 437 515

Key DEWLP

Mansfield Duty Officer 0418 149 994
Catherine Spencer, Senior Forest Management 0407 346 908
Gardner Hut Owner – Stuart Gardner 0433 546520
howqua.gardners.hut@gmail.com

Emergency Notification

1. Emergency Services (Police, Fire Ambulance) 000
2. DSE Duty Officer 136 186
3. Parks Victoria (Duty Officer) 131 963
4. CFA Duty Officer 1300 833 278
do.cfa.d23@rcc.vic.gov.au
5. Mansfield District Hospital 03 5775 8800
6. Mansfield Police 03 5775 2555