



2020

AID STATION GUIDEBOOK

HOWQUA GAP HUT

ALTERNATIVE COURSE

Welcome to Howqua Gap Hut Station Information

Firstly, thank you for volunteering to help out with the Oscars 100 Hut to Hut run. Your help is crucial to the running of this charity event.

This guide covers the specific of your individual position. Information on the event and its cause can be found in the event handbook.

Location

Howqua Hut is a nice sheltered position 3.5km due east of Mt Buller up a small rise in the middle of a bend in Circuit Road.



Directions

1. Travel to Mansfield
2. Travel along the Mt Buller Road in the direction of Mt Buller
3. At Mirimbah there is a left-hand turn onto Stirling Rd, just after the pay station (you can go straight past this as it's only used in winter)
4. Follow this road to Telephone Box Junction where there is small shop.
5. Here the road splits into a Y junction. Take the right-hand road past the front of the shop and continue on "Circuit Road"
6. Follow this until the corner that has the intersection with Cornhill Trail. On this corner a small track turns up a short pinch and the hut is on top in a small clearing.

Howqua Hut can be accessed via 2WD.

Aid station set up



This image shows how we would like the aid station to be set up. The runners will approach from the west (Mt Buller side), having run up Circuit Rd from the south. They need to turn runner right to head into your aid station, check in, before returning the way they came in, crossing the intersection and picking up the singletrack to the west.

Use the hut for shelter, a table to hold the food and drinks for the runners and a chair (or two) for you.

SHIFT ORGANISATION

**Given the three-day time window and number of volunteers we have not allocated specific roles / shifts beyond lead marshals. We are relying on club leaders to work together and with others to arrange shifts / responsibilities across the three days and with their teams.

Any on site queries to be directed to lead marshals:

Caz Derby
0411201044
badd0g@optusnet.com.au

David Michelsen
0422677170
runnr43@hotmail.com

Ali Moxham
0413835307
alison.moxham@hudson.org.au

Queries regards event management decisions to ANDY PAYNE 0408 872 141

TIMINGS

This aid station will need to be manned between the following times:

FRIDAY 9:00am to 11:30pm
 SATURDAY 6:00am to 10:00pm
 SUNDAY 6:00am to 8:00am

AID STATION	TOTAL DISTANCE	CUT OFF Hut 2 Hut Solo	CUT OFF Hut 2 Hut 2 Day OPTION A	CUT OFF Hut 2 Hut 2 Day OPTION B	CUT OFF Hut 2 Hut 3 Day	CUT OFF THE ARCHIE
			Day 01 - 79km Day 02 - 26km	Day 01 – 29.8km Day 02 – 75.2km	Day 01 – 29.8km Day 02 – 49.8km Day 02 – 25.6km	
DAY ONE – FRIDAY						
Howqua	44km	2:00pm	2:00pm			
Howqua	93km	11:30pm				
DAY TWO – SATURDAY						
Howqua	44km			9:00am	10:00am	6:30pm
Howqua	93km		8:00am	10:00pm		
DAY THREE – SUNDAY						
Howqua					8:00am	

See the course map here:

<https://drive.google.com/open?id=16tmpTMjUO8VMJCCma2vTrWChHujrm-ly&usp=sharing>

You can get more information on the Alternate Course at the Hut2Hut website at:

<http://www.hut2hut.oscars100.com.au/2020-hut2hut-alt-course/>

COMMUNICATION

There is decent mobile phone reception at Howqua Gap Hut.

Lead Marshals will also be supplied with a Two-Way Radio with communications to Event HQ and Medical plus a Satellite Phone should the radios not be receiving/sending.

****PLEASE NOTE IF A VOLUNTEER REQUIRES FIRST AID, CONTACT EVENT MEDICAL IF NON-CRITICAL. EVEN IN AN EMERGENCY PLEASE TRY TO CONTACT ENDURANCE MEDICAL SERVICES DIRECTOR DEB SHARP ON 0410 794 631****

AID STATION DUTIES

1. ASSIST

While your Aid Station is open, there should be a team member available at the station at all times to provide help with water bottle filling, offering supplied food and nibbles, encouragement, and generally making sure the runners are looking okay.

2. MARSHAL

When and where possible during runner live time periods, we would like a marshal to be active (1) at the Circuit Rd Intersection. Just nearby the aid station – directing and cautioning runners as they approach uphill and when they again cross over heading back to Mt Buller; and (2) down at the location where runners exit Cornhill Logging Track and start running up Circuit Rd, approx 2km south from Howqua Gap Hut Aid Station (drive there, 2WD). PLEASE WEAR A YELLOW SAFETY VEST AT ALL TIMES.

3. REPORT

It is also a MUST that every runner and team of runners is marked off a list on the clip board that will be provided and must be kept at the aid station. You will be contacted by base via radio at various intervals to get the updated runner list.

- We ask that you take a photo of the list once the aid station is closed.
- Once back in reception please text to race organisers ASAP noting: Aid Station Name, Your Name, What day/event the list covers and a photo of the whole list.
- Text to: 04303 76621
- Report any runner issues ASAP

Water, and snack foods will be dropped in position during the day on the Thursday along with the runners list to be ticked off.

4. RETURN SUPPLIES

Please return water containers and food boxes to Mt Buller race area when finished for the weekend.

There are also 2-3 x EVENT IN PROGRESS SIGNS YOU NEED TO TAKE DOWN AND RETURN, LOCATED AT:

- **Cornhill Logging Track intersection** – where the runners first come out onto Circuit Rd, on a road sign reflector pole, just down from the entry.
- **Howqua Gap / Circuit Rd** – 2-3 signs located on road verges on approach from either direction

What to bring

- Awning – For shade
- Table – For water and food
- Chair – for your own comfort
- Pen – for marking off runners
- Being 4WD'ers you will be bringing your normal gear and food to camp for 3 days in the bush.

EVENT KEY CONTACTS

Key Event Staff

Chris Ord, Race Director 04303 76621
chris@tourdetrails.com
Andy Payne, Race Director 0409 502 532
info@oscars100.com.au
Simon Madden, Race Director 0414 866 334
simon@adventuretypes.com

Key Staff Mt Buller

Ben Annear, Events Coordinator 0424 453 789
Ben.Annear@mtbuller.com.au

Key Medical & Safety

Deb Sharp, Endurance Medical services (contractor) 0410 794 631
info@endurancemedicalservices.com.au

Key 4WD Marshal Director

Jared Scull 0437 758 006
jaredscull13@gmail.com

Key Parks Victoria

Bart Smith, Area Chief Ranger Mansfield 0427 547571
Parks Vic Office 03 5733 1200

Key Mansfield Police

Snr Sgt Damian Keegan (Municipal Emergency Response Co-ordinator) 03 5775 2555 // 0429 437 515

Key DEWLP

Mansfield Duty Officer 0418 149 994
Catherine Spencer, Senior Forest Management 0407 346 908
Gardner Hut Owner – Stuart Gardner 0433 546520
howqua.gardners.hut@gmail.com

Emergency Notification

1. Emergency Services (Police, Fire Ambulance) 000
2. DSE Duty Officer 136 186
3. Parks Victoria (Duty Officer) 131 963
4. CFA Duty Officer 1300 833 278
do.cfa.d23@rcc.vic.gov.au
5. Mansfield District Hospital 03 5775 8800
6. Mansfield Police 03 5775 2555